

Actions To Go

An at-a-glance view of all the microvolunteer action types featured on Help From Home!

'Do Good' Volunteer Actions

Computer & Internet

Charity Donating Messages - 30 minutes

Send a message via e-cards or social networks and raise money or spread awareness about a charity for free.

Website: <http://www.freekibblekat.com/send-an-ecard.asp>

Charity Donating Search Engine - 10 seconds

Raise money for charity for free, every time you use a search engine.

Website: <http://www.everyclick.com/>

Click to Donate for Free - 10 seconds

Click a 'Click To Donate' web button and raise money for charity for free.

Website: <http://greatergood.com/>

Generate Charity Donating Ad Revenue - 1 mins

Raise money for charity with each new internet browser tab you open

Website: <http://tab.gladly.io/>

Play Games, Contribute To Research - 15 mins

Align similar coloured blocks from different rows to aid research into DNA nucleotides.

Website: <http://phylo.cs.mcgill.ca/>

Play Games, Donate To Charity For Free - 15 mins

Play games that donate money to charity for free, the amount dependant on how good your game skills are.

Website: <http://www.freerice.com/>

Virtual Volunteering - 30 minutes

Volunteer your skills for community projects around the world right from your own pc.

Website: <http://www.nabuur.com/>

Volunteer Your Spare PC Power - 10 seconds

Put your spare pc processing power to good use and save lives.

Website: <http://distributedcomputing.info/projects.html>

Webcam Watch - 5 minutes

Watch a webcam feed and help research projects discover more info about the topics they're investigating.

Website: <http://www.lochness.co.uk/livecam/>

Worthy Causes Toolbar - 5 minutes

Install a toolbar into your internet browser. Every time you use it to conduct a search, a charity donation will be made.

Website: <http://freerice.com/toolbar>

Crafts

Blankets, Quilts & Afghans - 30 minutes-ish!

Make a homemade blanket that gets distributed to children in hospitals, shelters, social service agencies etc.

Website: <http://www.projectlinus.org/index.html>

Caps and Hats - 30 minutes-ish!

Knit or crochet a hat, to be distributed to the more vulnerable of society.

Website: <http://www.hats4thehomeless.org/index.html>

Clothing for Babies and Children - 30 minutes-ish!

Sew, knit or crochet clothing for premature babies, as well as burial items for babies that sadly don't survive.

Website: <http://preemiesuk.googlepages.com/home.html>

Clothing for Needy Adults - 30 minutes-ish!

Knit and crochet items to donate to needy people throughout the Australian community.

Website: <http://www.freewebs.com/knit4charities/>

General Craftwork - 30 minutes-ish!

Provide comfort to children affected by HIV/AIDS, by giving them a gift of love in the form of a hand-knitted bear.

Website: <http://www.motherbearproject.org/>



Miscellaneous

Be The Eyes For Research Projects - 10 minutes

Use your eye to spot something that today's computer software are not capable of detecting, eg. galaxies.

Website: <http://www.galaxyzoo.org/>

Donate Airmiles - 5 minutes

You travel, you fly, you collect points. Convert them into something tangible to put a smile on a medically ill person.

Website: http://www.wish.org/help/donate_airline_miles

Genealogy Help Wanted - 20 minutes

Share your knowledge about your family's past, that may help others trace their descendants.

Website: <http://www.genuki.org.uk/org/helpus.html>

Micro / Ethical Lending - 15 minutes

Empower people to lift themselves out of poverty via a micro loan. Get paid back, re-loan again.

Website: <http://www.kiva.org/>

Miscellaneous - 15 minutes

Fill in a survey and at no cost to you, money is donated to a charity. Simple as that!

Website: <http://www.opinionworld.co.uk/>

Miscellaneous (cont)

Promote Good Causes - 1 minute

Enable a worthy cause to Tweet a message about it's work to your followers

Website: <http://justcoz.org/>

Questionnaires for Research Projects - 20 minutes

Add to the greater understanding of the human psyche by participating in surveys compiled by research students.

Website: <http://www.onlinepsychresearch.co.uk/>

Phone Apps for the Common Good - 5 minutes

Report your happiness levels for the benefit of scientific research!

Website: <http://www.mappiness.org.uk/>

Share Your Photos, Clipart, Videos - 10 minutes

Share your photograph and raise money for charity at the same time

Website: <http://www.zenwavegallery.com/home>

Submit An Idea - 5 minutes

Got an idea you think might change the world or improve upon an existing one. If you have, submit it via Creativity Pool.

Website: <http://bit.ly/1IMc9ga>

People

Be A Translator - 30 minutes

If you know several languages fluently, why not volunteer your services to a 'do good' organisation.

Website: <http://www.babels.org/>

Contribute To A Support Group - 20 minutes

Offer advice / help on issues that are affecting people right now and help them overcome a difficult time in their life.

Website: <http://forums.ivillage.co.uk/>

Donate Your Hair - 5 minutes

Donate your hair to financially disadvantaged children suffering from long-term medical hair loss.

Website: <http://www.locksoflove.org/>

Donate Your Knowledge / Expertise - 15 minutes

If you're knowledgeable about certain topics, help to answer questions posed by all sorts of people.

Website: <http://www.advicenators.com/>

E-Mentoring - 30 minutes

If you've lived, you've learned. Share your wisdom with somebody facing a choice, a challenge or a change in life.

Website: <http://www.horsemouth.co.uk/>

Letter Writing - 30 minutes

Write a letter to a sick child to keep them smiling during the course of their illness and hopeful eventual recovery.

Website: <http://www.postpals.co.uk/>

Locate Missing People - 10 minutes

Check out the details of people who are listed as missing and if you know of somebody's whereabouts, report it.

Website: <http://doenetwork.org/>

People (cont)

Share an Experience / Story - 30 minutes

Got an experience to share? Maybe your experience will help somebody get through a difficult phase in their life.

Website: <http://www.experienceproject.com/>

Stopping Crimes - 10 minutes

Check out the details of crimes and if you have any information that might be helpful to the police, then report it.

Website: <http://www.c-s-i.org/>



The Written Word

Book Scanning - 30 minutes

If you have any fine illustrated antique children's books, scan them in for future generations to enjoy.

Website: <http://www.childrensbooksonline.org/index.htm>

Book Searching - 30 minutes

Help source out book record databases from libraries, etc to make a record of every book that has been published.

Website: <http://openlibrary.org/>

Proofread A Book Page - 15 minutes

Proofread a page from a Public Domain book for conversion into an e-book for future generations to read.

Website: <http://www.pgdp.net/c/>

Record Audio Books - 30 minutes

Record chapters of books in the public domain and release the audio files back onto the net as free audio books.

Website: <http://librivox.org/>

'Green' Volunteer Actions

Computer & Internet

Click To Donate - 10 seconds

Click on a 'Donate' button and money will be donated to a nominated environmental charity for free.

Website: <http://bit.ly/1tLUrVQ>

Emails With A Conscience - 2 minutes

Combine your email activities with saving the planet. Adverts are added to emails, which generate donations.

Website: http://www.care2.com/accounts/free_email.html

Green Games That Donate Free Money - 10 mins

Play games that donate money to environmental causes for free, dependant on how good your game skills are.

Website: <http://www.answer4earth.com/>

Volunteer Your Spare PC Power - 10 minutes

Put your spare pc processing power to good use and help predict climate change

Website: <http://www.climateprediction.net/>

Paper Saving Printing - 5 minutes

Save ink, paper, time and money by tweaking your printing settings via a free piece of software.

Website: <http://www.printwhatyoulike.com/>

Computer & Internet (cont)

Search Engines With A Conscience - 10 seconds

Use a search engine that saves energy, merely through it's use of a more energy efficient coloured background.

Website: <http://www.blackle.com/>

Send Ecards, Save The Planet - 5 minutes

Preserve forests by not posting physical paper cards. Instead, use e-cards to deliver your message from your pc.

Website: <http://www.care2.com/send/categories>

View, Listen or Join To Donate For Free - 5 mins

Join Tree Nation and a tree will be planted for every 10 new members.

Website: <http://www.tree-nation.com>

Volunteer Your Spare PC Power - 10 seconds

Put your spare pc processing power to good use and help predict climate change.

Website: <http://www.climateprediction.net/index.php>



Home & Garden

Collecting Tree Data - 20 minutes

Contribute to a comprehensive living database of ancient trees that helps to protect ancient trees or woodlands.

Website: <http://www.ancient-tree-hunt.org.uk/>

Family Projects - 30 mins

Make positive change happen - for communities, animals, the environment and around the home.

Website: <http://www.rootsandshoots.org/>

Garden Animal, Bird and Flower Count - 30 mins

Help to collect data about snails that contributes to bio-diversity research.

Website: http://www.evolutionmegalab.org/en_GB

Plant A Tree - 30 minutes

Improve the environment and your carbon footprint by planting a tree in your back garden.

Website: <http://www.unep.org/billiontreecampaign/>



Miscellaneous

Be The Eyes For Research Projects - 20 minutes

Help climate change research and bio-diversity studies by documenting herbarium sheets from university collections

Website: <http://herbariaunited.org/atHome/>

Donate Excess Food, Plant and Seeds - 30 mins

Donate your excess garden seeds to people or worthy organizations that could potentially put them to good use.

Website: <http://wintersown.org/Donate.html>

Eat Differently - 10 minutes

Look at the way you eat food and cut down on the energy and packaging used in the food consumption process.

Website: <http://www.pbjcampaign.org/>

Ethical Lending - 20 minutes

Loan your money to ethical and environmental causes that help to contribute to building a sustainable society

Website: <http://www.ecology.co.uk/>

Miscellaneous (cont)

Miscellaneous - 30 minutes

Make reusable cloth bags (from old duvet covers, curtains etc) and hand them out to the unsuspecting public for free.

Website: <http://www.morsbags.com/>

Stop Junk Mail and Faxes, Save Paper - 10 mins

Prevent wastage of printed material and ink by stopping junk mail and faxes simply by filling in a form.

Website: <http://www.mpsonline.org.uk/mpsr/>

Submit A Green Idea - 3 minutes

Got a 'green' idea that you think might change the world or improve upon an existing one. Well, submit it via Creativity Pool!

Website: <http://bit.ly/1WovGO8>



Recycle

Exchange or Donate Books - 10 minutes

Bought a book and finished reading it? Well, don't throw it away. Exchange or donate it to stop waste.

Website: <http://www.readitswapit.co.uk/TheLibrary.aspx>

Exchange or Donate Used CDs/DVDs - 10 mins

Stop waste and promote the recycling of unwanted products by exchanging or donating unwanted CDs/DVDs.

Website: <http://www.swapacd.com>

Recycle Clothes and Shoes - 20 minutes

Donate or swap unwanted clothes or shoes to raise money for charity or to be handed out to needy people.

Website: <http://bridesagainstbreastcancer.org/>

Recycle Gadgets - 15 minutes

Electronic gadgets get outdated quickly. Instead of binning them, why not consider donating them to worthy initiatives.

Website: <http://www.digitalgrowth.co.uk/>

Recycle Miscellaneous Stuff - 10 minutes

TWAM collects and refurbishes tools and equipment no longer required and sends them overseas to artisans

Website: <http://www.twam.co.uk/>

Recycle Medical / Mobility Items - 30 minutes

All sorts of medical equipment can be donated to various organizations that provide hope to mobility impaired people.

Website: <http://www.chariotsofhope.org/>

Recycle Postage Stamps - 30 minutes

Collect used postage stamps to raise funds to help improve the lowest-income communities in South Africa..

Website: <http://www.thatu.org/stamps.htm>

Recycle Surplus Stationery/Toiletries - 30 mins

How many pens, pencils, toys, soap bars do we actually need? Spare a few of these items and help those in need.

Website: <http://pensofhopeindavao.blogspot.com/>

Recycle / Swap Everything - 15 minutes

One person's rubbish is another person's treasure. You'll be amazed at what you can get rid of.

Website: <http://www.freecycle.org/>

Recycle Printer Cartridges / Mobiles - 10 minutes

Charities accept used cartridges/mobiles which they sell to dealers. Monies raised goes straight to charities coffers.

Website: <http://www.eachonecounts.co.uk/>

Advocacy Volunteer Actions

Environment

General Issues - 5 minutes

Take action on a broad spectrum of environmental issues ranging from rainforests, bio-diversity, conservation etc.

Website: <http://www.culturalsurvival.org/take-action>

Global Warming - 2 minutes

Take part in one of the hottest topics of the day – global warming. Sign up to receive monthly actions.

Website: <http://www.onehundredmonths.org/>

Habitat Conservation - 5 minutes

Wherever we go, we humans destroy things. Get active by signing petitions / email campaigns to conserve habitat.

Website: <http://na.oceana.org/en/act>



'Green'

Miscellaneous - 5 minutes

From protecting the environment to stopping junk mail, you can do something about it.

Website: <http://www.savetherain.info/>

Renewable Energy - 5 minutes

Change government policy on renewable energy, just by sending an email. Yours could make a difference.

Website: <http://www.votesolar.org//action-alerts/index.html>



Miscellaneous

Animal Rights - 5 minutes

So many animals are so often abused and neglected. Bring this issue to the attention of key decision makers.

Website: <http://www.cetaceanrights.org/>

Debt Cancellation - 5 minutes

Wipe out 3rd world country debt and lift people out of poverty. Let governments know that you think.

Website: <http://www.jubileedebtcampaign.org.uk/>

Fair Trade - 5 minutes

Campaign on behalf of trades who are asking for a fair price to be paid on the goods they trade with.

Website: <http://www.equalexchange.com/action-alerts>

General Causes - 5 minutes

From human rights, terrorism to health, each website in this category covers a broad spectrum of issues.

Website: <http://www.change.org/>



Miscellaneous (cont)

Health - 5 minutes

Want to make your voice heard on health related issues? Participate in a letter campaign or sign a petition.

Website: <http://www.everyminute.org/index.html>

Housing and Homeless - 5 minutes

It's not nice being homeless, but you can lend your support by campaigning for change in legislation.

Website: <http://www.crisis.org.uk/pages/campaigns.html>

Hunger and Poverty - 5 minutes

Make a difference in someone's life by participating in online campaigns that focus on hunger and poverty issues.

Website: <http://www.waronwant.org/>

Miscellaneous - 5 minutes

Advocate for causes that range from under-age drinking to making more wholesome movies.

Website: <http://www.madd.org/get-involved/take-action/>

Petition Portals - 5 minutes

Take action on a vast range of topics by signing petitions set up either by individuals or organizations.

Website: <http://www.thepetitionsite.com/>

War and Peace - 5 minutes

Fight your own war against wars by campaigning for peace via emails, petitions or e-cards to key decision makers.

Website: <http://www.caat.org.uk/>



People

Family and People - 5 minutes

Send out pre-worded emails on issues ranging from the marketing of baby milk to domestic violence.

Website: <http://www.babymilkaction.org/>

Humanitarian Issues - 5 minutes

From displaced people to victims of war, they all need a voice to address the issues that are affecting them.

Website: <http://www.theirc.org/>

Human Rights - 5 minutes

The abuse of human rights is wrong and you can tackle its' root causes by signing petitions, blogging or emailing.

Website: <http://www.globalexchange.org/>

Slavery - 5 minutes

Unbelievably, the slave trade still exists. You can help to stamp it out by participating in various online campaigns.

Website: <http://www.antislavery.org/english/>

www.HelpFromHome.org

See what you can do for the world - dressed just in your pyjamas!

'Help From Home' is not providing or seeking to endorse or recommend any particular organisation, person or cause listed on the website. Its' intention is simply to inform in a general way about the existence of actions that have a potential to benefit others. Participation in any of the actions featured are conducted at your own risk. Help From Home will not be held liable for any consequences resulting from such participation. Thank you for your understanding.

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